VIT FIT
PERSONAL TRAINING
SYDNEY

VITFIT BOOTCAMP ENROLMENT FORM

CLIENT'S PERSONAL DETAILS	
Title:	Home phone:
First name:	Mobile phone:
Last name:	Date of Birth:
Address:	Male or Female:
City:	Email (personal):
Postcode:	Email (work):
Your T-shirt, Singlet size:	Occupation:
What is your main fitness goal?	How did you find us:
Are you willing to commit to this goal?	Why do you want to achieve this goal?
EMERGENCY CONTACT:	
First name:	Last name:
Relationship:	Phone:

MEDICAL HISTORY					
Are there any known reasons such as an illness, disability, impairment or otherwise, which may impact, limit or influence your ability to participate in any physical activities, including (but not limited) any one or more of the following?					
Arthritis	☐NO	☐YES	Liver/ Kidney Condition	☐NO	☐YES
Asthma	☐NO	☐YES	Regular Headaches	☐NO	☐YES
Diabetes	☐NO	☐YES	Major Injuries	☐NO	☐YES
Family History of Heart Disease	☐NO	☐YES	A Hernia	☐NO	☐YES
Heart Condition	☐NO	☐YES	Muscular Pain/ Cramps	☐NO	☐YES
High Blood Pressure	☐NO	☐YES	Muscular/ Skeletal Injuries (e.g. Broken bones, Dislocations, Tears, Sprains)	☐NO	☐YES
Low Blood Pressure	☐NO	☐YES			
Heart Palpitations	☐NO	☐YES	Lower Back pain	☐NO	☐YES
Pain or Tightness in the Chest	☐NO	☐YES	Chronic cough	☐NO	☐YES
Rheumatic Fever	☐NO	☐YES	High Cholesterol	☐NO	☐YES
Pregnant	☐NO	☐YES	How many cigarettes per day? :		
Any other factors that may limit the activity?				☐NO	☐YES
Describe in more detail any condition you selected 'YES' to above:					

CLIENT CONSENT & SIGNATURE: I advise to the best of my knowledge that my health and medical condition will not preclude me in any way from undertaking a program of exercises designed specifically for me by Vit Muller. I confirm that should I become aware of any condition that may affect my participation in any exercise program (or other use of gym facilities) recommended by Vit, I will advise him of such condition. I consent to voluntarily engage in the exercise program directed by Vit Muller and understand my responsibility for any accidents or damage caused by misuse of equipment or facilities.**Please sign** below to acknowledge all above terms & conditions and also to indicate that your GP Doctor or Physician has cleared you for a fitness assessment and participation in an exercise program.

SIGNATURE HERE: DATE:

VIT FIT PERSONAL TRAINING SYDNEY

,,Fall seven times, stand up eight"!

VITFIT BOOTCAMP ENROLMENT FORM

TERMS AND CONDITIONS

IMPORTANT: Please read this document carefully. It is a condition of your use of our services that you comply with these terms and conditions.

These **terms** and **conditions** apply to all goods or services ("**VITFIT BOOTCAMP**") supplied by VITFIT PERSONAL TRAINING SYDNEY. They are to be read in addition to and will prevail over any additional terms and conditions specified for any individual purchase of VITFIT Services supplied by VITFIT PERSONAL TRAINING SYDNEY. In so enrolling and in consideration of my application fee for entry to any VITFIT Training program, **I acknowledge, warrant and agree** that:

1. **Interpretation:**
- **VITFIT** means VITFIT PERSONAL TRAINING SYDNEY ABN 32 279 492 979 and its permitted successors and assigns.
- **Agreement** means this document, the attached Enrolment Form as well as any schedule or annexure to this document.
- **Representative** means any VITFIT PERSONAL TRAINING SYDNEY's directors, officers, contractors, sub contractors, servants, agents or other representatives.

2. **Payment:**
- All fees (unless paid in full), VITFIT Courses and availability of VITFIT Courses are subject to change without notice.
- Full payment of fees is required in advance for all VITFIT Courses and is the mechanism for securing my place in a VITFIT Course.
- Pro-rata payments for some VITFIT Courses can be arranged on application.

3. **Refund:**
- Where I have given VITFIT at least 5 business days prior written notice of my intention to withdraw from a VITFIT Course, I am entitled to a full refund or credit.
- Where the relevant VITFIT Course has not commenced and where I have given VITFIT less than 5 business days prior written notice of my intention to withdraw from a VITFIT Course, I am entitled to a full refund or credit *less* a 50% cancellation fee.
- Once a VITFIT Course has commenced, I am not entitled to a refund or credit.

4. **VITFIT's Rights:** VITFIT may:
- Vary the delivery of a VITFIT course at anytime without notice.
- Cancel or postpone a VITFIT course up to 24 hours prior to the commencement of that VITFIT Course. Where a VITFIT Course is cancelled by VITFIT, I will be offered the choice of refund or credit.
- Refuse my entry or continuation to a VITFIT course if VITFIT Representatives have deemed (at their sole discretion) me not to be medically or physically fit to participate. However, VITFIT is not able to provide advice concerning medical fitness to undertake any exercise or activity and that it is my responsibility to seek medical advice in this regard.
- Refuse my entry or continuation in a VITFIT Course if VITFIT's Representatives have deemed (at their sole discretion) my behaviour to be unacceptable, unsafe or inappropriate.

5. **Warning:** Participation in a VITFIT course can be inherently dangerous. Accidents may happen which may result in me being injured or even killed. I have read and understood this warning and voluntarily accept and assume the inherent risks in participating in each relevant VITFIT Course.
6. **BOOKINGS**: Bookings are essential to secure your slot in a session. Bookings made by you through your FISIKAL Profile access (e-mail with your login and details will be sent to you once you send this form back to us through e-mail)
7. **LOCATIONS**: Sessions will be held at as advertised on the agreement . VITFIT reserves right to change the location at any time with with 7 days notice.
8. **MISSED SESSIONS & NON ATTENDANCE**: VITFIT bootcamp program is ongoing and we do not give any refunds for classes that you do not attend. This policy enables us to keep our fees low.
9. **Weather conditions and cancellation of session/s by VITFIT PERSONAL TRAINING SYDNEY :**
   **Trainer will let you know by SMS (based on you being booked in for that session) in case the session won't happen on that day due to very heavy rain or storm or other Extreme weather condition that might cause potential risk to participants at least 1 hour prior the start of the session.
10. **Fitness to Participate:**
    I am and will continue to be medically and physically fit and able to participate in the course. I am not and will not be a danger to others or myself. I will immediately notify VITFIT in writing of any change to my fitness and ability to participate. Unless I notify VITFIT otherwise, I understand and accept that VITFIT will continue to rely upon this declaration as evidence of my fitness and ability to participate.
11. **Medical Treatment:** I consent and authorise VITFIT and its Representatives to administer or obtain medical assistance in the event of an accident or medical condition I may suffer whilst participating in a VITFIT Course and agree to pay for any costs or expenses incurred by VITFIT in administering or obtaining such medical assistance.
12. **Exclusion of Liability:** To the extent permitted by law and while all reasonable care is taken, VITFIT and its Representatives cannot be held responsible and excludes all liability however arising (including liability for negligence) for direct, indirect or consequential loss, damage, injury, cost and expenses (including without limitation loss of revenue or profits, loss of business opportunity, goodwill and/or data, and failure to realise anticipated savings or benefits).
13. **Release and Indemnity:** To the extent permitted by law, I release and indemnify, and will keep indemnified, VITFIT and all of their Representatives in relation to all claims which I now, or at any time in the future may have against VITFIT, arising from or related in any way to the supply and my participation in VITFIT Courses.
14. **Privacy:** I understand that the information I have provided is necessary for my participation in any VITFIT course. I acknowledge and agree that the information will only be used by VITFIT to facilitate the conduct of VITFIT Courses. As part of my enrolment with VITFIT, I acknowledge that I may receive information from time to time about the products and services offered by VITFIT. If I do not wish to receive such information from VITFIT, I will notify VITFIT in writing.
15. **Photographs and right to use:** Photos may be taken and used by VITFIT for promotional purposes, without payment or compensation to me. Such photos are and will remain the property of VITFIT.
16. **Assignment:** VITFIT may assign or otherwise deal with this Agreement at its sole discretion. I cannot assign any rights under any agreement with VITFIT without prior written consent of VITFIT (which may not be unreasonably refused).
17. **Severability:** If anything in this Agreement is unenforceable, illegal or void then it is severed and the rest of this Agreement remains in force.
18. **This Agreement cannot be amended.** If I do amend it my application will be null and void and cannot be accepted by VITFIT.
19. **I have provided the information required overleaf and signed the form**. I warrant that all information provided is true and correct. **I have read, understood, acknowledge and agree** to the above declaration including the warning, exclusion of liability, release and indemnity.

Signature: ……..... **Date:** ……

Full name: …….....…….....

Parent or Guardian Consent

Where the applicant is under 18 years of age this Agreement must also be signed by the applicant's parent or legal guardian.

I, ……..... am **the parent or guardian** of ……..... [Applicant].
I expressly agree to be responsible for the applicant's behaviour and confirm that I have read and agree to personally accept the terms and conditions set out in this Agreement including the provision by me of a release and indemnity in the terms set out above.

Signature (Guardian): ……..... **Date:** ……

Full name (Guardian): …….....……

VITFIT BOOTCAMP ENROLMENT FORM

CHOOSE YOUR MEMBERSHIP OPTION:			TICK THE OPTION
MONTHLY MEMBERSHIP	Monthly membership (unlimited access to any Bootcamp training session on timetable)	$120/month	☐
10 PACK	10 Bootcamp training sessions -> Valid for 3 months	$200	☐
CASUAL 1 SESSION VISIT	Pay as you go (cash only), must be paid before the commencement of the class.	$25	☐
		$	☐

FOR PAYMENTS: Please see Direct debit requst form attached. Monthly VITFIT Bootcamp membership can be cancelled anytime but 2 weeks notice must be given in writting via e-mail prior your next scheduled Direct debit run date.This membership has no lock in period exept for the month that you've paid for. For Refund details and other informations please read Terms & Conditions on page 2.

By signing below I agree on the above terms and conditions of this service agreement on page 2 and understand that my obligation will be to pay to VITFIT PERSONAL TRAINING SYDNEY chosen membership option by completing the Direct debit form

Signed.....Date:.....

,,I am looking forward to help you achieve Your desired Fitness results" In Good Health

Vit Muller

Personal trainer I Fitness Instructor I Massage therapist (And Owner of VITFIT PERSONAL TRAINING SYDNEY :-)